
Tonguing Progress Charts

Tonguing is a skill that must be practised and improved by brass players at all levels. Just as top athletes must stay in shape to compete, so must you reach a world class level with your tonguing technique and maintain it to play at your absolute best!

The Only NO MYSTERY Guide to Trumpet Mastery gives detailed information on the importance of the tongue, it's function when playing a brass instrument, and how to develop your tonguing technique.

When you have a clear understanding of the tongue function, improvement is accelerated and your self awareness is increased dramatically.

Use the Tonguing Progress Chart to document your single and double tonguing progress. Fill in as much of the chart as possible. Find your limits, then work hard to get to the next level. Persist daily to improve at least one technique when you have established your actual current ability.

The **HORIZONTAL** numbers are the beats per minute on your metronome.

The **VERTICAL** numbers start off 1 - 8 beats then move into seconds, starting at 5.

Play 4 semi-quavers per beat for the desired duration. When you achieve the desired speed for the correct duration, tick or date the appropriate box. If you can play 4 semi-quavers per beat at 72 beats per minute, for 1 beat, tick or date the top left box. If you can play it for 2 beats, tick or date the box below it and so on.

Aim to increase speed on a daily basis. Be sure that your attack stays clean and consistent. Push yourself to improve and you will. Treat any hurdles as a challenge to overcome.

For full descriptions and instructions, get the **Mystery to Mastery**

The Only NO MYSTERY Guide Trumpet Mastery.

www.mysterytomastery.com

Single Tonguing Progress Chart
“Tah” and “Cah”

Mark each box with a / when you can play “Tah” up to speed, then..

Cross each box with a \ to make X when your “Cah” is up to speed.

	80	84	88	92	96	100	104	108	112	116	120	126	132	138	144	152
1 ^{beat}																
2 ^{beats}																
4 ^{beats}																
6 ^{beats}																
8 ^{beats}																
5 ^{secs}																
10s																
20s																
30s																
40s																
50s																
60s																
70s																
80s																

Double Tonguing Progress Chart

	108	112	116	120	126	132	138	144	152	160	168	176	184	192	200	208
1 ^{beat}																
2 ^{beats}																
4 ^{beats}																
6 ^{beats}																
8 ^{beats}																
5 ^{secs}																
10s																
20s																
30s																
40s																
50s																
60s																
70s																

Triple Tonguing Progress Chart

	80	84	88	92	96	100	104	108	112	116	120	126	132	138	144	152
1 ^{beat}																
2 ^{beats}																
4 ^{beats}																
6 ^{beats}																
8 ^{beats}																
5 ^{secs}																
10s																
20s																
30s																
40s																
50s																
60s																
70s																